

**PUBLIC INFORMATION OFFICE** 

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www.cdhd.idaho.gov

Central District Health promotes wellness in our communities through education, prevention of disease and disability, and preservation of the quality of our environment.

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## CDHD TARGETS HIGH RISK GROUPS WITH WALK-IN FLU CLINIC

The Central District Health Department (CDHD) will hold a Walk-In Flu Clinic for High Risk individuals Friday December 2, 2006 from 9:00 a.m. to 3:00 p.m. in the Immunization Lobby. CDHD wants to insure that High Risk individuals have an opportunity to get a flu shot because the flu can cause them serious illness. The flu is responsible for 36,000 deaths and 200,000 hospitalizations a year in the United States.

The following groups are eligible for flu vaccine during the High Risk Flu Clinic:

- People 65 years and older:
- Children and adults 2-64 years old with chronic health conditions such as asthma, heart disease, diabetes, or kidney disease;
- All children 6-24 months of age;
- Breastfeeding and pregnant women, or those planning to become pregnant during flu season;
- Health-care personnel who provide direct patient care;
- Residents of long-term care facilities; and
- Household contacts and out-of-home caregivers of children less than 6months old.

If you have questions about the flu vaccine or need to make an appointment for other immunizations please call 327-7450. Information is also available at the CDHD website: www.cdhd.idaho.org.

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